



TRANSITIONS CAN BE DIFFICULT - LEARN HOW CLEP CAN HELP

Since 1991, the Community Living Education Project (CLEP) has provided education, information and support to individuals with intellectual and/or developmental disabilities who are exploring a transition to community living.

Funded by the NJ Division of Developmental Disabilities (DDD), CLEP works closely with families and their loved ones to learn about possibilities in community living.

CLEP is located within the Rutgers School of Public Health and serves the entire state of New Jersey.

WHO WE ARE AND WHAT WE DO

As family members themselves, CLEP staff recognize the importance of *person-centered thinking and planning*. With decades of professional and personal lived experience in the educational system, CSOC, and the DDD adult system, **CLEP staff have been where you are.**

USING A PERSON-CENTERED APPROACH

Keeping the individual receiving services **at the center of all discussions, CLEP staff follows these steps:**

Step 1: Gather important information about your loved one by listening and learning what's important to & for them.

Step 2: Learn about your loved one's support needs & how best to support them.

Step 3: Ask about their hopes and dreams for the future.

These details, along with your geographic preferences, helps CLEP identify examples of the available community living options,, including apartments, small group homes, condos, and townhomes.

NO MATTER WHICH DOOR YOU COME THROUGH...

Individuals and families typically reach out to CLEP during *times of transition*. Individuals may be transitioning from:

- High school to adult DDD Services;
- CSOC / DCF residential services to adult DDD Services;
- The family home to a home in the community; or
- A nursing home or a developmental center to a home in the community

CLEP staff mentor and guide families in what questions to ask providers, help plan visits to a variety of settings, and help you envision the possibilities in community living.

Regardless of *which door you come through*, CLEP educates families to make an informed decision.



**Follow
CLEP online!**



@SPHCLEP



Instagram

@SPHCLEP



twitter

@SPHCLEP

Contact Us:

To learn about the possibilities of community living and plan visits to a variety of community living settings, contact CLEP:

Rutgers School of Public Health The
Community Living
Education Project
300 Atrium Drive, Suite 100
Somerset, NJ 08873
Telephone: (732) 235-3277

Email: CLEP@sph.rutgers.edu

Visit our website:
<https://clep.rutgers.edu>



SCAN ME!

RUTGERS
School of Public Health



**The Rutgers
Community Living
Education Project
(CLEP)**

*Sharing Possibilities in
Community Living*



Community Living Education Project
sharing possibilities

RUTGERS
School of Public Health