



Division of Mental Health and Addiction Services (DMHAS) Community Mental Health Services

Summary and Overview of Services

May 2, 2024

Harry Reyes, Assistant Division Director
Office of Treatment Recovery and Supports

David Helfand, Assistant Division Director,
Office of Community Services (OCS)

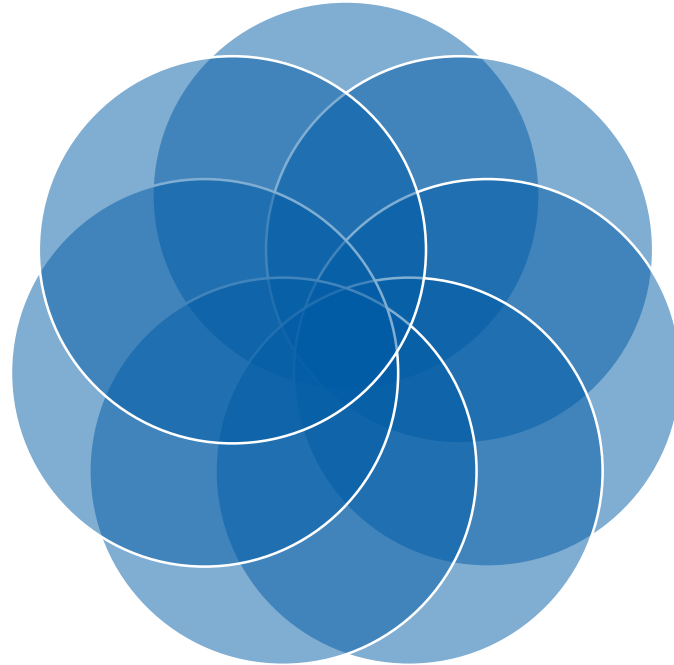
Persons with Mental
Illness

Children/Adolescents

Intellectually/
Developmentally
Disabled

Aging/ Seniors

Incarcerated/Detainees



Unhoused

Co-occurring
Disorders



Continuum of Mental Health Services

Our goal is to provide the appropriate level of care in the least restrictive environment necessary to meet the individual's needs. Mental Health Services are structured to prevent unnecessary hospitalizations, and return individuals to the community as soon as possible, with the supports necessary to live successfully in the community.

- Screening and Crisis Intervention
- Inpatient Treatment
- Outpatient Treatment
- Rehabilitative Services
- Advocacy, Linkage and other supports
- Self-Help

Screening and Crisis Intervention

- Designated Screening Services and Affiliated Emergency Services
- Crisis Diversion Programs
- Crisis and Peer Respite Residences
- Involuntary Outpatient Commitment (IOC)
- Early Intervention and Support Services (EISS) – 21 counties

Outpatient Treatment

Outpatient Services

- Contracted – will serve individuals regardless of ability to pay
- Non-Contracted – no obligation to serve individuals who do not have insurance/ability to pay

Intensive Outpatient Treatment and Support Services (IOTSS)

- Available in most counties
- More intensive, shorter duration than typical OP services

Certified Community Behavioral Health Clinics (CCBHC)

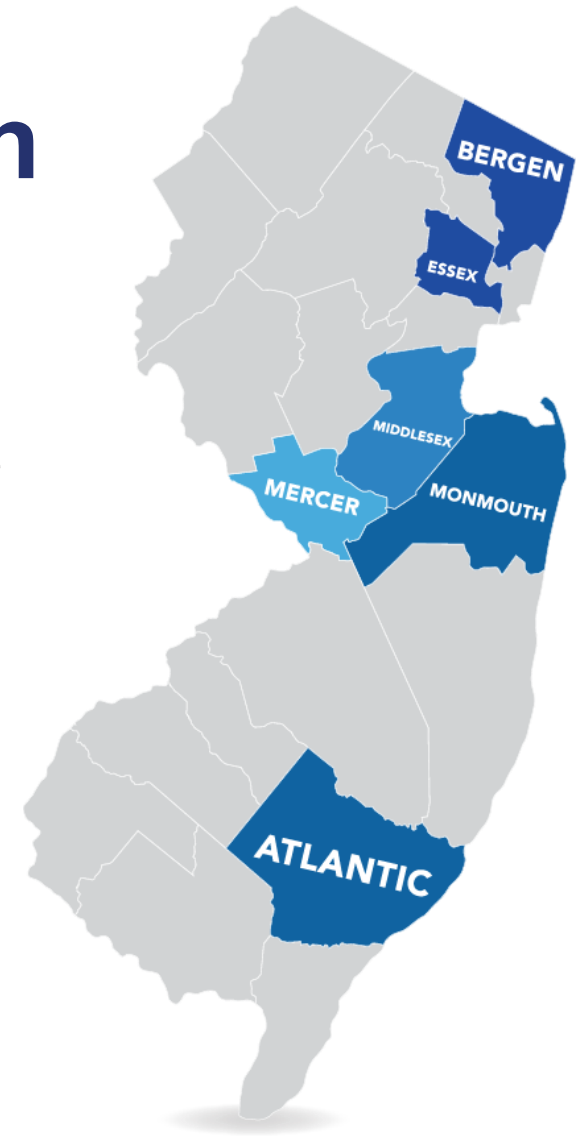
CCBHC Demonstration

- December, 2016 NJ was selected as one of 8 states from SAMHSA, Center for Mental Health Services to participate in 2-year Certified Community Behavioral Health Center demonstration program.
- Program was funded as part of effort to bring behavioral health care in parity with physical health care and to improve community behavioral health services as part of Protecting Access to Medicare Act of 2014 (PAMA, § 223).
- Since 2016, the program has received multiple federal extensions, including the latest which expires September, 2025.



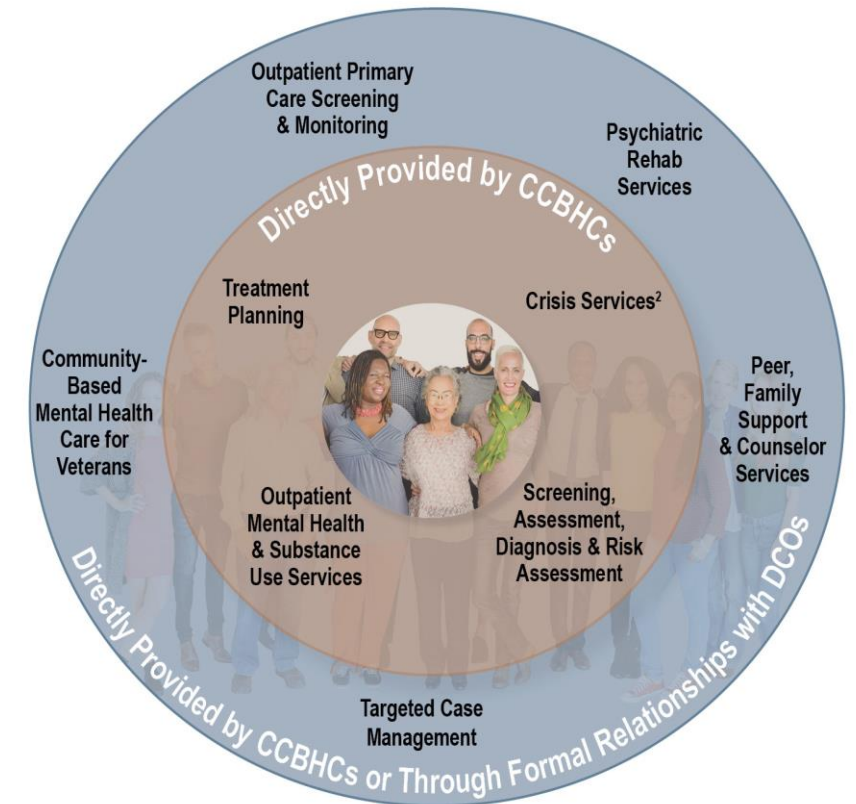
New Jersey's CCBHC Demonstration

- New Jersey's 7 CCBHCs are in 5 urban and 1 mixed urban and rural county.
- CCBHCs were enacted to fill gaps in unmet need for substance use disorder and mental health care and expand access to comprehensive, community-based treatment.
- CCBHCs collaborate with **8 designated collaborating organizations (DCOs)** that provide mobile crisis, supported employment services, and specialty substance use treatment.
- CCBHCs began services July 1, 2017. **All are dually-licensed** to provide mental health and substance use disorder treatment to adults and children.



CCBHC Core Services

- Behavioral Crisis Services
- Comprehensive Behavioral Health Screening, Assessment, Diagnosis and Risk Assessment
- Comprehensive Outpatient Mental Health and Substance Use Disorder Services
- Patient-Centered Treatment Planning
- 1-AWM ASAM Level of Withdrawal Management for Adults (higher levels of WM provided through a referral agreement)



PACT- Program of Assertive Community Treatment

- Limited and Very Specific eligibility criteria
- Comprehensive treatment and rehabilitative services
- No specified Length of Stay

Rehabilitative Services

- Partial Care
 - Up to five hours per day, five days per week, group-based services, with medication management and transportation available as needed
- Supported Employment
 - An approach to vocational rehabilitation for individuals with Serious Mental Illness that uses the “choose, get, keep” approach to successful competitive employment
- Supported Education
 - Helps individuals with Serious Mental Illness develop a sense of self-efficacy and pursue their individual educational goals

Rehabilitative Services (con't)

- Community Support Services (CSS)
 - Rehabilitative service model designed to assist individuals in successfully remaining in independent living setting of their choosing
- Community Residences for Adults with Mental Illness
 - Group Homes and Apartments
 - Level of on-site supervision varies from 24/7 to 4 hours per day, 7 days per week
 - Per regulations, priority for admission given to individuals being discharged from state hospitals

Advocacy, Linkage and other Supports

- Integrated Case Management Services (ICMS)
- Programs for Assistance in Transition from Homelessness (PATH)
- Legal Advocacy
- Justice Involved Services
- NJ Mental Health Cares
 - 1-866-202-HELP
 - njmentalhealthcares.org
- Family Support Services
 - Intensive Family Support Services
 - Acute Care Family Supports

Legal Services Contracts

- Community Health Law Project (Essex, Passaic, Ocean, Burlington, Camden, Hudson, Mercer, Union, Monmouth, Atlantic,) (Eviction related- all Counties) (Boarding home issues all Counties)
- County of Bergen Law Project (Bergen)
- Legal Services of Northwest NJ (Morris)
- Warren County Legal Services (Hunterdon)
- Northwest Legal Services (Warren)
- Central Jersey Legal Services (Middlesex)

Legal Services Contracts - Continued

- Social Security Disability and SSI – appealing denials, terminations, overpayments, etc.
- Other Public entitlements - such as denials or terminations of General Assistance, TANF, food stamps, Medicaid, etc.
- Housing – evictions, denials for housing, rental subsidy denials or terminations, habitability, utility shut-offs, etc.
- Consumer - Income garnishments, debt collection, etc.
- Family – domestic violence, child support, visitation
- Other – Criminal record expungements, name changes, i.d. issues, Wills, POA's, Advance Directives, etc.

Self-Help

Services are staffed and led by trained peers

- Consumer-run Wellness Centers – 21 counties + 3 state hospitals
- Peer Outreach Support Team (POST) – Atlantic, Hudson, Ocean and Union Counties
- MHANJ Peer Recovery Warmline – 1-877-292-5588
 - Calls are answered Monday – Friday 8a.m. – 10 p.m., Saturdays and Sundays 5 p.m. – 10 p.m., Holidays 3 p.m. – 10 p.m.

HOUSING PROGRAMS AND RESOURCES



DMHAS RENTAL SUBSIDY PROGRAM:

- DMHAS determines the policy and procedures for the program.
- DMHAS approves consumers referred for subsidies.
- DMHAS decides when a subsidy is discontinued.
- DMHAS directs Supportive Housing Connection (SHC) to make, suspend or stop subsidy payments.

Opioid Use Disorder Subsidies

- Harm Reduction Model (does not require total abstinence)
- OUD/SUD/AUD Unhoused or At Risk of being Unhoused or Unsheltered
- Requests for subsidies come from DMHAS Housing Unit
- One time costs are the same as MH Subsidies

NJ Intoxicated Driving Program (IDP)

- The IDP is responsible for the administration of the mandatory Intoxicated Driver Resource Center (IDRC) sentence as defined by Statute 39:4-50 for individuals convicted of intoxicated driving and related offenses (underage drinking DUI/ DUI/ Refusal/ Boating DUI/ Commercial DUI/ Commercial Refusal), whether defendant lives in NJ or out-of-state.
- Coordinates a network of county-designated 12-hour and 48-hour IDRCs that detain, educate, and screen individuals to determine the need for an assessment referral for possible substance use disorder treatment intervention.
 - IDP schedules NJ individuals to their county-designated 12-hour or 48-hour IDRC, and works with out-of-state individuals so they can complete in their home state
 - The NJ IDRC directory is periodically updated and available online at:
https://nj.gov/humanservices/dmhas/resources/services/treatment/addictions/IDRC_Directory.pdf

Contact the Intoxicated Driving Program (IDP)

Michael.Higginbotham@dhs.nj.gov

609-438-4375

Dona.Sinton@dhs.nj.gov

609-438-4263

IDP, PO Box 365, Hamilton, NJ 08625

IDP Call Center - 609-815-3100

Fax- 609-341-2321

DMHAS.IDP@dhs.nj.gov



Substance Use and the Deaf and Hard of Hearing

Tevis Thompson, M.S.

Project Manager

d/Deaf and Hard of Hearing Opioid and Stimulant Use Disorder Initiatives

Office of Treatment and Recovery Services OTRS

Harry Reyes, DHSc, LPC, LCADC

Assistant Division Director

Office of Treatment and Recovery Services OTRS

TREATMENT RESOURCES

- MH/SUD/LOUD/AUD Treatment

- Where are interpreter services and how to access

Project Manager for Deaf and Hard of Hearing Initiatives

- 609-438-4346 – Office 609-376-6340 – Cellphone
- DMHAS-DHH@dhs.nj.gov
- Division of the Deaf and Hard of Hearing
 - 609-588-2648 – Office
 - DDHH.communications2@dhs.state.nj.us

988 IN NEW JERSEY

SOMEONE TO CALL

- 988 is the new, nationwide 3-digit dialing code for people experiencing suicidal thoughts or a mental health or substance use crisis.
- People in crisis or those concerned about them can
 - Dial 988
 - Text to 988
 - Chat at 988Lifeline.org/chat
- NJ currently has five 988 Lifeline crisis centers that together offer 24/7 statewide coverage.
- Questions? Email 988Questions@dhs.nj.gov

988 IN NEW JERSEY

SOMEONE TO RESPOND

Mobile Crisis Outreach Response Teams (MCORTs)

- NJ DMHAS is developing a statewide **Mobile Crisis Outreach Response Team (MCORT)** program.
- The MCORT program will work in collaboration with 988 when a **trained crisis counselor determines an in-person visit** would be helpful.
- MCORTs will respond to **non-life-threatening** mental health, substance use or suicidal crises in the community.
- Teams will include **mental health and peer professionals**.
- MCORTs will respond **without Law Enforcement** whenever it is deemed safe to do so.

988 IN NEW JERSEY

SOMEWHERE TO GO

Crisis Receiving and Stabilization Centers (CRSCs)

- NJ DMHAS is developing **Crisis Receiving and Stabilization Centers (CRSCs)**.
- CRSCs will offer **community-based services** in a facility designed to meet the immediate needs of people experiencing a suicidal, mental health or substance use crisis.
- These centers will be staffed by **mental health, substance use disorder and peer professionals**.
- **Referrals and linkages to other community programs** will be provided before people leave the Centers.

Questions about 988?

- Got questions?



- Email us at: 988Questions@nhs.nj.gov

New Grants

- Crisis homes
- Outpatient Services for older adults
- Special populations grant
- Mental Health Services for parolees

Other Services

- ARRIVE Together- Attorney General's office initiative partnered with mental health services.

www.njoag.gov/programs/arrive-together/

- County Jail Medication Assisted Treatment (MAT)

Mental Health Advisory Committee

- Chief Justice Rabner formed New Jersey's Mental Health Advisory Committee in November of 2019.
- Co-Chairs AOC Judge Glenn Grant, DHS Commissioner Sarah Adelman and Morris/Sussex Vicinage Assignment Judge Stuart Minkowitz
- Committee membership includes representatives from the New Jersey Offices of the Attorney General, Public Defender, Department of Human Services, and Legislature, as well as county mental health administrators, mental health advocacy groups, other stakeholders, judges, and judiciary staff.

MISSION of Advisory Committee:

- Reduce the number of defendants with mental illness in jail and the length of incarceration
- Identify opportunities to dismiss and downgrade criminal and/or municipal charges for these persons
- Link individuals to treatment and services at the earliest intercept points
- Leverage data to coordinate information sharing between stakeholders

Criminal Justice Reform Pilot (Diversion)

- Addresses individuals with non-violent charges individuals with mental health needs
- Supports and connect individuals on pretrial monitoring to critical mental health, co-occurring mental illness and substance use disorder (COD) treatment, housing, medical and other social determinants of health.
- Individuals must voluntarily engage
- The program collaborates with
 - Local social service organizations
 - County jails
 - Administrative Office of the Courts (AOC)/Judiciary
 - Probation
 - County Prosecutor's Office & Public Defender's Office, and private defense attorneys

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Community Services Regional Offices

David Helfand- Assistant Director

Northern Region

Bergen, Passaic, Essex, Union,
Hudson, Morris, Sussex,
Hunterdon, Somerset and
Warren Counties

973-977-4397

John Verney, Regional
Coordinator

Theresa Wilson, Assistant
Regional Coordinator

Southern Region

Atlantic, Cape May, Cumberland,
Salem, Burlington, Camden,
Gloucester, Mercer, Ocean, and
Monmouth Counties

609-567-7352

Ron Roebuck, Regional Coordinator

Central Region

Middlesex County

609-438-4218

Mary Jean Weston, Regional
Coordinator