

FAMILY CONNECTIONS



**family
connections**

WHERE HOPE MEETS POSSIBILITY

A large, horizontal, rounded rectangle with a vibrant red color, serving as a background for the text.

WHO WE ARE

WHERE HOPE MEETS POSSIBILITY

Family Connections is a leading New Jersey non-profit with over 36 different programs to support children, adults, and families. Far too many people in our communities face serious challenges—from trauma and mental illness to addiction, domestic violence, and child abuse. Family Connections is here to make sure no one has to face these challenges alone. Across Northern New Jersey, we deliver counseling, social and emotional skills-building, prevention and training initiatives, programs to strengthen family bonding and reunify families, and more. Since 1879, Family Connections has proven that communities thrive when everyone is invested in each other's wellbeing.

Our Vision: We see a world where no one faces life's challenges alone—where we all have the opportunities, connections, and resources we need to thrive.

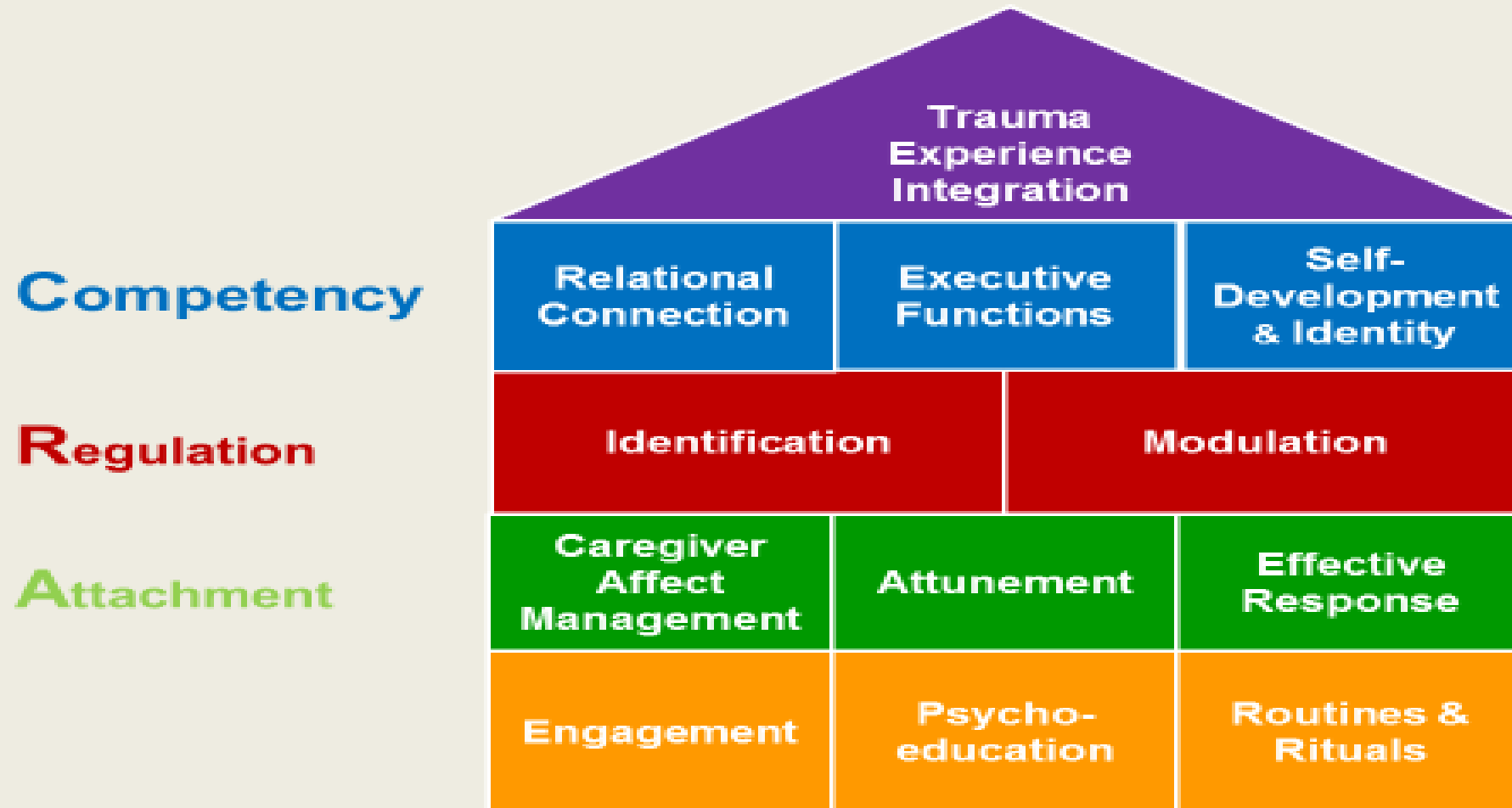
Our Mission: Growth happens here every day. With our counseling, skills-building, training and prevention services, people take control of their own healing and foster connections that make our entire community stronger, safer, and healthier

OUR VALUES

“Trauma” refers to experiences that cause intense physical and psychological stress reactions. It can refer to “a single event, multiple events, or a set of circumstances that is experienced by an individual as physically and emotionally harmful or threatening and that has lasting adverse effects on the individual’s physical, social, emotional, or spiritual wellbeing” (SAMHSA, 2012)

TRAUMA INFORMED

ARC Framework



Graphic by Jeremy Karpen; Blaustein & Kinniburgh, 2010; Kinniburgh & Blaustein, 2005



CULTURALLY INCLUSIVE



STRENGTH-BASED

OUR PROGRAMS

What we offer

- Flexibility
- In-Home/In Community and Telehealth
- Evidence Informed Interventions
- Diversity

PROGRAM DESCRIPTION:

HELP AT HOME- In home/Community therapeutic services, mentoring and behavioral management for youth 3-21 years old who are involved with the NJ Children's System of Care.

ARC GROW- 12-week curriculum-based program for families exposed to chronic adversity or stress.

ELIGIBILITY: 3-21 and approved by NJ Children System of Care

REFERRALS: Contact PERFORMCARE 877-652-7624 and request Family Connections to complete a Needs Assessment or if involved in CMO services, can request services through Family Connections-
FAMILY VOICE AND FAMILY CHOICE



HELP AT HOME

PROGRAM DESCRIPTION;

- **Parent-Child Interaction Therapy (PCIT)** is an empirically-supported treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns.

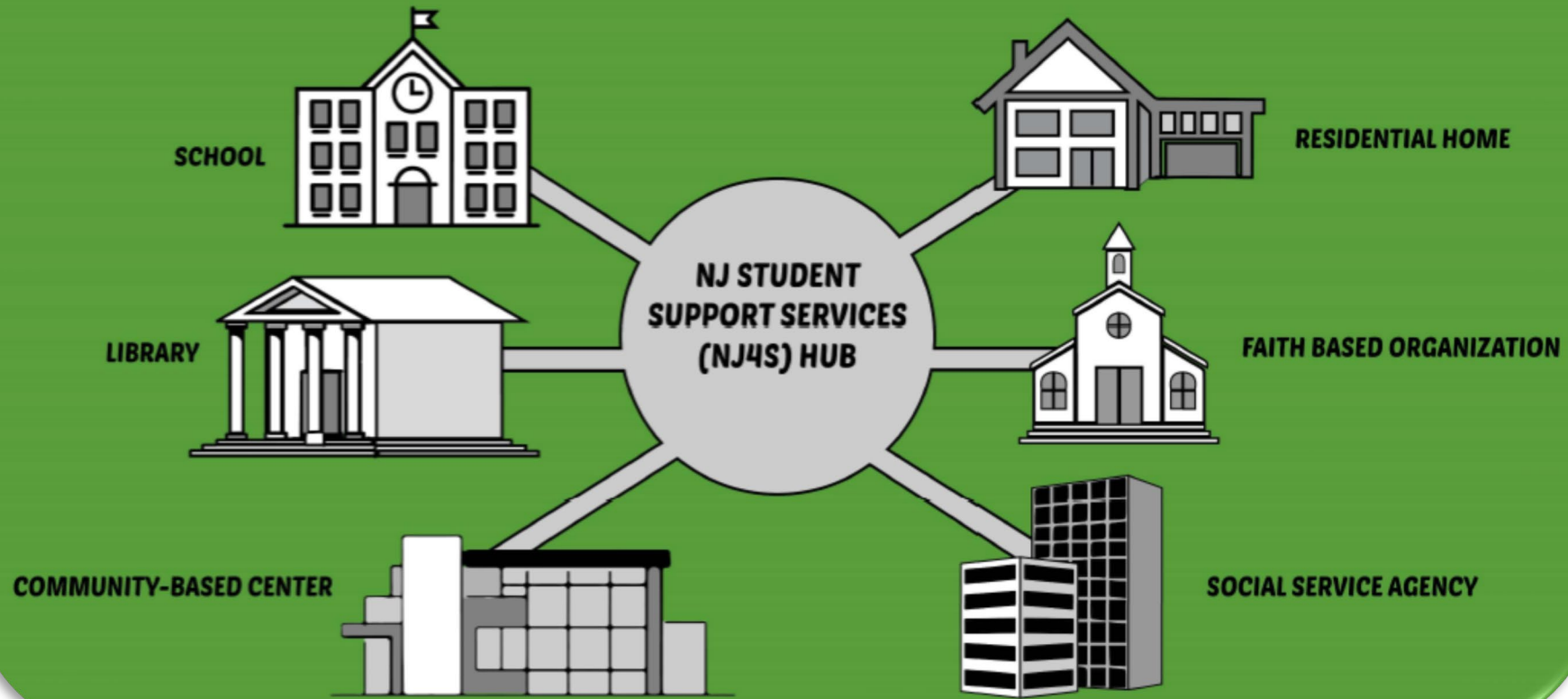
Eligibility: Children 2 ½ years old -7 years old. Caregiver must be involved

COST TO CONSUMERS: Medicaid, Private Insurance

Contact for Information and Referrals: Main Office 973-675-3817

PARENT CHILD INTERACTION THERAPY

PROVIDING PROGRAMS AND LINKING STUDENTS AND THEIR FAMILIES TO SERVICES IN SCHOOL AND COMMUNITY



NJ4S

PROGRAM DESCRIPTION;

- **PRIDE +** is a program for LGBTQIA+ Youth in South Orange, Maplewood, and Millburn providing a safe space for youth anywhere on the LGBTQIA+ spectrum to connect, hang out, get peer support, plan activities, and get professional counseling if desired.

ELIGIBILITY: LGBTQIA+ student, family and school staff in Essex County

COST TO CONSUMERS : No Cost to participants

A large, horizontal, rounded rectangular shape in a vibrant pink color. The text "PRIDE +" is centered within this shape in a white, bold, sans-serif font.

PRIDE +

PROGRAM DESCRIPTION:

OTARY is a prevention program which provides recreational, vocational, and supportive group services to youth to deter gang involvement and prevent youth from engaging in risky behaviors such as crime. Services are provided in partnership with schools, law enforcement and other community providers.

ELIGIBILITY: Essex County youth between the ages of 13-18.

COST TO CONSUMERS: There is no cost to participating youth.

OUTREACH TO AT RISK YOUTH(OTARY)

PROGRAM DESCRIPTION:

- **Integrated Behavioral Health Services including;**
Co-occurring outpatient mental health and substance use services for adults, children and families.
- **Certified Community Behavioral Health Clinic**-comprehensive health services that provides holistic care for individuals enrolled by providing not only mental health/substance use treatment but case management, medical care, access to legal services etc.

COST TO CONSUMERS : Fee for service and grant funding for some programming. Please inquire upon referral.

INTEGRATIVE BEHAVIORAL HEALTH SERVICES

More Information

Family Connections

973-675-3817



Thank You



**family
connections**