# Understanding Social Service Needs of Seniors





New Jersey is home to a large population of seniors, with over 1.2 million residents aged 65 and over, according to the United States Census Bureau. As the population ages, it's essential to address the social service needs of seniors to ensure their wellbeing and quality of life.

# Our Mission

Caregiver Volunteers of Central Jersey is an interfaith nonprofit agency dedicated to providing free supportive services to the frail elderly and the homebound enabling them to live independently and with dignity in their own homes.

Caregiver Volunteers of Central Jersey

2000 Seniors Served



## Our Programs



Round Trip Medical Transportation





Friendly Visits and Phone Calls



Pet Therapy





Respite Care Program



Handyman Services

### **Overview of Community Support Services**

Community support services can help seniors stay connected and maintain their independence. In Ocean and Monmouth Counties, services that address access to healthcare, affordable housing, transportation, caregiver support, and socialization could be the key that helps seniors stay in and live in their homes part of their community longer.



#### Access to Care

- Visiting Nurse Association
- Visiting Homecare Service of OC



#### Housing

- Affordable Housing Alliance
- Habitat for Humanity
- Caregiver Volunteers-Handy Andy
- Catholic Charities- Fixit





#### Transportation

- County Transportation -OceanRide, SCAT
- Caregiver Volunteers
- EZ-Ride (Fee for Service)
- Coming Soon Caregiver Volunteers- Healthy Hop
- Senior Centers
- Caregiver Volunteers

- Interfaith Health and

#### Socialization

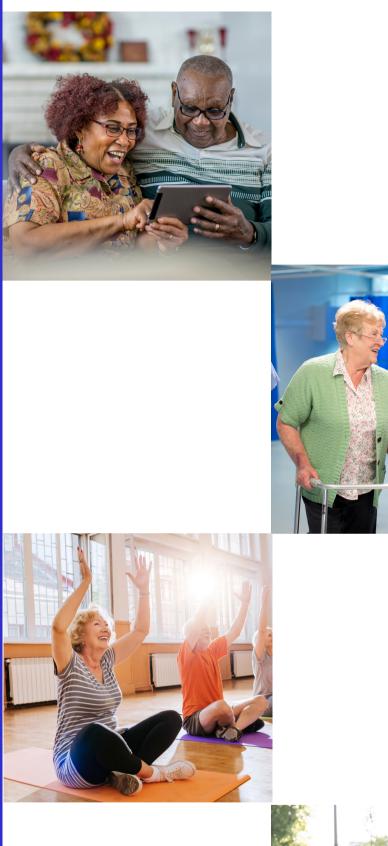
- Congregations
- Civic Groups
- Inspire
  - Support



#### **Caregiver Support**

- Support groups
- Caregiver Volunteers -Respite
- Jewish Family and Children's Serivces

### Adapting to Post Pandemic Challenges





#### **Reducing Social Isolation**

#### Digital Divide

Provide seniors with access to technology and digital literacy programs to help them stay connected to loved ones and access services during this time of isolation.

#### Healthcare Access

Continue to improve healthcare access for seniors, particularly with telemedicine and community-based care models that can reduce exposure risks.

#### Senior Center Alternatives

Develop remote and virtual resources for seniors to continue accessing support services and social connections while adhering to public health guidelines.

Develop innovative programs and approaches to help seniors continue building social connections and combat social isolation during the pandemic and beyond.