

# Care Management Organizations (CMOs)

New Jersey

Children's System of Care (CSOC)

***Presented on behalf of the 15 CMOs in New Jersey***

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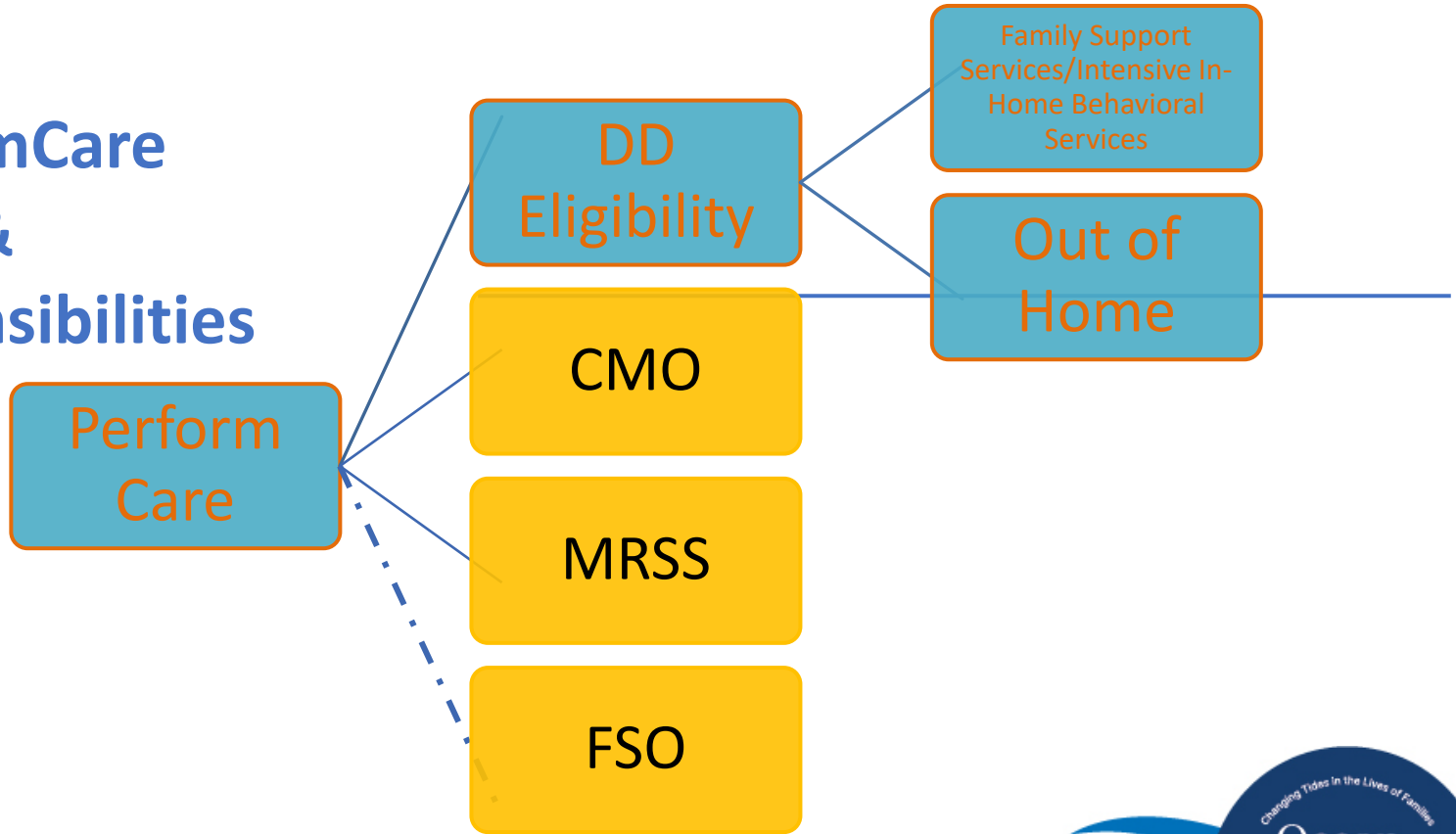


## Gateway to CMO Services PerformCare 1-877-652-7624

- Who to Call to Access CMO Services
- Available 24 Hours a Day, 7 Days a Week and 365 Days Per Year
- Parent/Legal Guardian calls PerformCare Directly
- PerformCare triages the initial call and determines next steps, based on Level of Need



# PerformCare Roles & Responsibilities





## New Jersey Children's System of Care Care Management Organizations

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- Every County in NJ is covered by a CMO.
- Some Cover One, Two or Three Counties.
- CMOs Independent Nonprofit Agencies with a contract with CSOC.
- Because CMOs are nonprofit agencies, all have a volunteer Board of Trustees.





# CMOs

## Who Do We Serve?

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- Youth with high to moderate needs up to the age of 21 years and their families.
- Youth with mental health challenges and their families.
- Youth with substance use disorders and their families.
- Neurodiverse youth (intellectual and developmental disabilities) and their families.
- Youth involved with DCP&P/child welfare.
- Youth in the Juvenile Justice System/Court.



# Care Management Organizations (CMOs)

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**CMOs provide care coordination and linkage to resources for youth and their families.**

- **CMOs utilize the wraparound approach.**
- **CMOs provides professional treatment supports (Intensive In-Community IICs; Behaviorists)**
- **CMOs link to natural supports.**
- **CMO's goal is to keep youth at home, in the community and in school.**
- **But if Out of Home treatment is needed, CMOs work with CSOC and PerformCare for Intensity of Service and options.**



# CMOs/CSOC Values

## It's all about WRAPAROUND!

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### Based on Wraparound Values

Strength Based	Youth and Family Voice	Individualized
Community Based	Collaborative	Unconditional Care
Culturally Competent	Sustainable	Comprehensive





## How do CMOs Work/What to Expect from CMO?

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- **CMOs receive youth referrals from PerformCare every day of the week.**
- **Care Managers are assigned to youth based on need and availability.**
- **Care Managers outreach the youth and family to:**
  - **Develop a Family Crisis Plan**
  - **Set a time to meet (in-person) for the Strengths and Needs Assessment**







## How do CMOs Work? (continued)

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- CMOs help organize a Child & Family Team (CFT).
- CFTs are made up of anyone involved with the youth and family.
- CFTs include formal, informal, and natural supports.
- An Individualized Service Plan (ISP) is developed.
- The ISP includes strengths, vision, needs and strategies.
- The Care Manager ensures that all involved are working the plan & makes adjustments as needed.



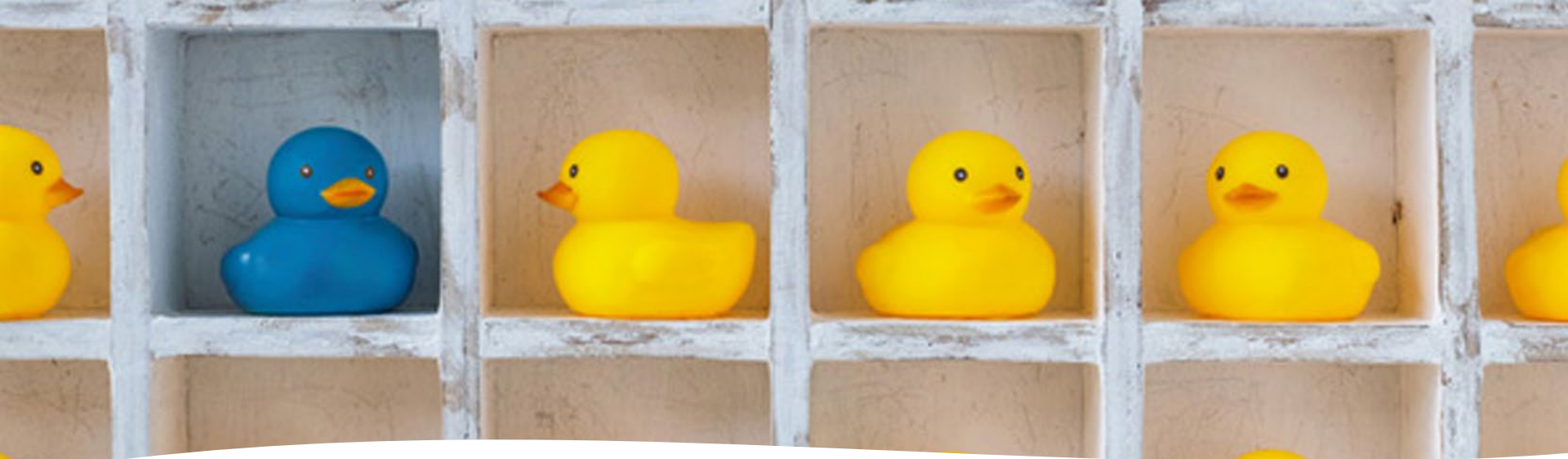


## How do CMOs Work? (continued)

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- **The goal of the CMO is to work themselves out of a job!**
- **Average length of stay with CMOs vary – depending on the need and resources available.**
- **CMOs have proven success:**
  - **Keep youth in the community.**
  - **Reduce out of home placements.**
  - **Using wraparound and our network of providers, transition youth and families to sustainability.**





## CMOs are Similar BUT Different!

- **While CMOs operate with the same model, they are different based on their own community needs.**
  - **Some CMOs have outreach centers.**
  - **Some CMOs have developed specific programs and services for neurodiverse/IDD Youth and Families.**
  - **4 CMOs have Behavioral Health Homes.**
  - **4 CMOs have School Homeless Navigators**





## ADDITIONAL SERVICES AT OPC

**Ocean Partnership has developed additional services to meet our community's needs:**

- **Your Authentic Self Groups**
- **Girls Empowerment Group**
- **Game Changers Group**
- **Specialized Trainings**





## HOW IS CMO FUNDED?

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- **CMO bills care management services to Medicaid.**
- **State has special funds for CMO youth not covered by Medicaid.**
- **Private insurance is accessed if available.**
- **Overall, there is NO cost to the youth and family for CSOC services.**





# Special Funding

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- **FLEX FUNDS**
  - Each CMO has flex funds to assist with non-Medicaid needs of youths and families.
- **COMMUNITY RESOURCE DEVELOPMENT FUNDING**
  - Each CMO has funding to develop unique, innovative services specific to their community's needs.
- **OUTPATIENT TREATMENT FUNDING**
  - Each CMO received special funding to provide outpatient treatment for youth on wait lists.



# CMO Challenges & Opportunities



Pandemic Aftermath

Number of Youth Skyrocketing (Youth Mental Health Crisis)

Basic Needs Challenges

Great Resignation/Staffing/Workforce Issues

Provider Issues

Telehealth vs. In-Person

Undocumented Youth & Families/Newcomer Immigrants





## New Jersey ResourceNets



Atlantic & Cape May Counties:  
Managed by Cape Atlantic INK



Bergen County: Managed  
by Bergen's Promise



Burlington County: Managed  
by Partners for Kids and  
Families, Inc.



Camden County: Managed  
by Camden County Partnership  
for Children



Cumberland, Gloucester and  
Salem Counties: Managed



Essex County: Managed  
by Partnership for Children of  
Essex



Hudson County: Managed  
by Hudson Partnership CMO



Mercer County: Managed  
by Capitol County Children's  
Collaborative



Middlesex County: Managed by  
Coordinated Family Care



Monmouth County: Managed  
by MonmouthCares, Inc.



Morris and Sussex Counties:  
Managed by Caring Partners of  
Morris & Sussex, Inc.



Ocean County: Managed  
by Ocean Partnership for  
Children, Inc.



Passaic County: Managed  
by Circle of care for Families and  
Children of Passaic County, Inc.



Warren, Hunterdon and  
Somerset Counties: Managed by  
Tri County CMO



Union County: Managed  
by Families and Community  
Together

# RESOURCE NET

- ResourceNet is a FREE web directory of programs, supports, services and events for families specific to County of Residence in NJ.
- It is mobile friendly, can be translated to different languages, printed and shared through social media.
- Every ResourceNet is administered by the respective CMO in each County and supported by CSOC.





# CSOC/CMO RESOURCES!



# RESOURCES

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Children's System of Care:

[www.state.nj.us/dcf/families/csc/](http://www.state.nj.us/dcf/families/csc/)

PerformCare Member Services:

877-652-7624

[www.performcarenj.org](http://www.performcarenj.org)

NJCMO

<https://njcmo.org/>



thank  
you!

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