



Ocean County Office of Senior Services

732-929-2091 or 1-800-668-4899

1027 Hooper Avenue, Bldg. 2, First Floor
Toms River, NJ, 08754

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What is the Area Agency on Aging/ADRC

(Aging & Disability Resource Connection)

- An Area Agency on Aging (AAA) is designated in each of New Jersey's 21 counties to serve as a primary entity responsible for developing comprehensive, coordinated systems of community-based services for older adults (core services include but are not limited to: elder rights; caregiver; health and wellness; nutrition; and supportive services).
- AAAs also serve as Aging & Disability Resource Connection (ADRC) lead agencies in their county, ensuring seniors, adults with disabilities and their caregivers have easy access to information and long term services and supports.

What is the role of the AAA/ADRC?

- Coordinating all programs on aging, and serving as the central source for information and referral for services and programs;
- Administering the annual allocation of federal Older Americans Act and state funds from the New Jersey Division of Aging and Community Services for projects and services within the county;
- Monitoring and evaluating projects funded under the Area Plan;
- Serving as an advocate to increase the public's understanding of the aging population; and
- Advising local governments and the Division of Aging Services of unmet needs, and recommending legislation where appropriate.

Primary Goal-

- Help our older adults live independently with dignity and choices in their homes and communities for as long as possible
 - From senior centers, to in-home services, and finding alternatives to nursing home care, all of these services can be discussed by calling our office.

How do we do this?

- Every May during Older American's Month we conduct a public hearing and a need's assessment survey to find out the most important needs of older adults and their caregivers. We use the information gathered from the survey to identify and fund programs to meet those needs.

**OLDER
AMERICANS
MONTH**



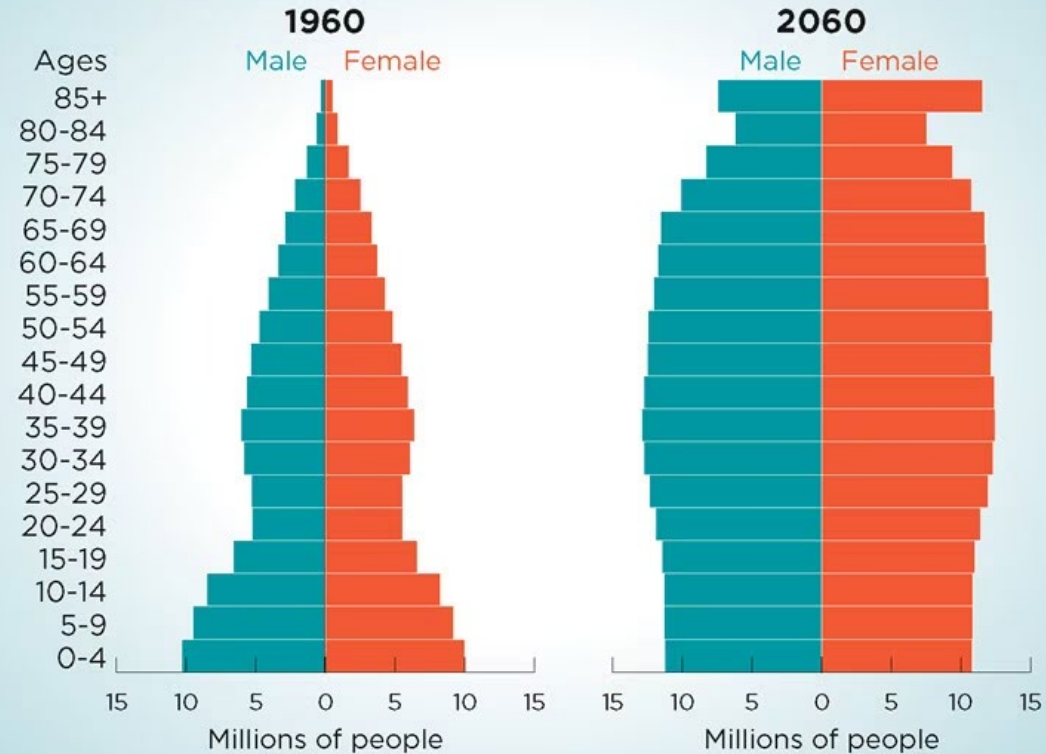
AGING UNBOUND: MAY 2023

Examples of services provided through the AAA/ADRC, Office of Senior Services

- Information and Assistance
- Outreach
- Case Management
- Transportation
- Visiting Nurse/Home Health Aide
- Housekeeping
- Residential Maintenance
- Telephone Reassurance
- Legal Assistance
- Assistive Technology
- Physical/Mental Health
- Education
- Meals/Nutrition Services
 - Congregate; Home-delivered
- Socialization/Recreation
- Adult Day Services
- Caregiver Support
- Respite

From Pyramid to Pillar: A Century of Change

Population of the United States



United States[™]
Census
Bureau

U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU
[census.gov](https://www.census.gov)

Source: National Population
Projections, 2017
www.census.gov/programs-surveys/popproj.html

Silver Tsunami Interesting Facts:

- 648,998 (2021) Current population in Ocean County
- 30% of the population is over the age of 60 (182,198)
- 10.7% of the population is over the age of 75 (64,828)
- 2.9% of the population is 85+
- 10,000 people a day in the United States turn 65
- Baby boomers were born between 1946 and 1964. They're currently **between 57-75 years old** (71.6 million in the U.S.)
- By 2035, the number of seniors in the US will outnumber the number of children under the age of 18.
- Over the next 25 years the number of people over the age of 65 will double in size.

How can you reach us?

1027 Hooper Ave., Bldg. 2, 1st Floor, Toms River

- 732-929-2091
- 1-800-668-4899
- Visit Our Website www.co.ocean.nj.us
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