

**NEW JERSEY DEPARTMENT OF CHILDREN AND FAMILIES** 

### Dr. Diana Salvador Clinical Director Children's System of Care









#### What is the Children's System of Care?

 NJ's public behavioral health system that serves youth under age 21 with emotional and mental health care needs, substance use challenges, and/or intellectual/ developmental disabilities (IDD).

- CSOC's service structure, policies, and practices are aligned with the core values of the System of Care Model.
  - Assessment of the child and family's strengths and needs informs planning for services and supports
  - Services are delivered in the community and supported by state/local systems planning, management, and infrastructure
  - Services are culturally and linguistically competent



#### Who We Serve

- CSOC services are available to <u>all NJ</u> children and their families. There is no income criteria
- 35% of youth accessing CSOC are uninsured, underinsured, or have private insurance that does not cover the costs of CSOC services; 65% have Medicaid coverage
- 66,925 youth and their families were served in 2021
- 74,727 youth and their families were served in 2022
- 43,579 youth were served in March 2023
- 4,068 youth received Mobile Response Services in March 2023
- 18,258 children and youth receiving CMO services on April 1, 2023



#### **CSOC Core Components**

- Contracted Services Administrator PerformCare, single point of access, medical necessity determinations, prior authorization
- Claims paid through the state's Medicaid fiscal agent
- Care Management Organizations Implement the Wraparound service model
- Single Assessment Child Assessment of Needs and Strengths (CANS) Tool
- Child and Family Team Supports the family vision, goals, service planning and implementation
- Emphasis on Crisis De-escalation Mobile Response and Stabilization Services available 24/7
- Family Service Organizations peer support and advocacy for families & youth
- In-Home and Out-of-Home Treatment Services
- Workforce Training, Certification, and Technical Assistance



#### **CSOC** Resources

- 230 youth behavioral health providers with 560 contracted programs
- Network of 4,000+ in-community clinicians
- Contracted workforce of 13,000+ individuals
- Fiscal Year 23 budget: \$813,525,845
  - Federal \$ 330,354,845
  - State \$ 483,171,000

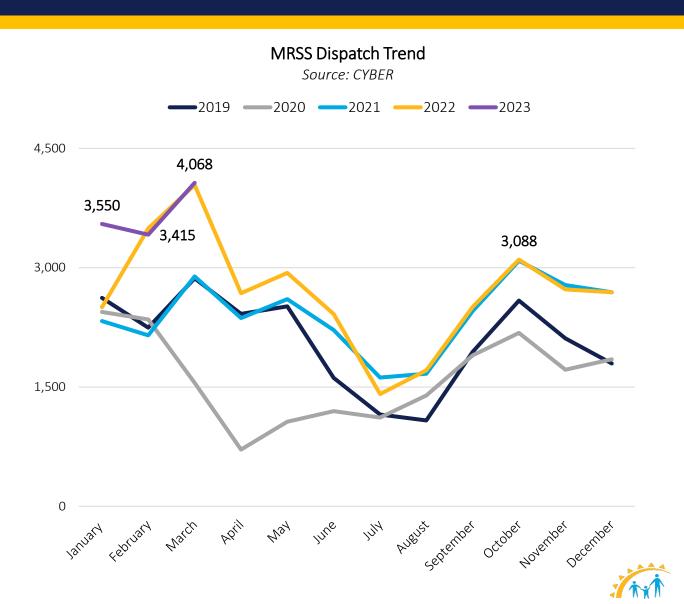


#### Leveraging Federal Resources

- Medicaid State Plan Services
  - Care Management, Mobile Response, Intensive In-Community, Residential Services
- "3560" coverage for youth not eligible for NJ FamilyCare
- 1115 NJ FamilyCare Comprehensive Demonstration Waiver
  - Federal matching funds for services provided to certain youth with 3560 coverage
  - Expanded array of HCBS for youth with intellectual and developmental disabilities
  - Expanded NJ FamilyCare eligibility for youth with high acuity



#### There were over 32,000 Mobile dispatches in 2022.



# 2022 Dispatches by Service Area n=32,222 Source: CYBER Essex Camden Middlesex Cumb/Glou/Salem Bergen 8%

Ocean

Hudson

Passaic

Monmouth

Burlington Union

Atl/Cape

Mercer

Hunt/Som/War Morris/Sussex 10%

7%

6%

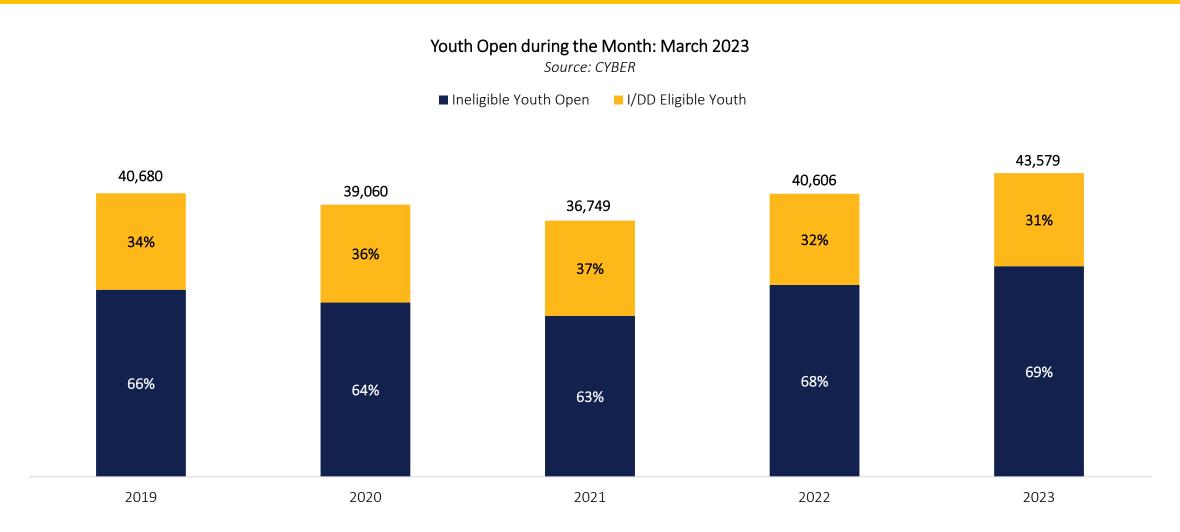
6%

1. Dispatches were the **highest ever** in one month in March 2023.

4%

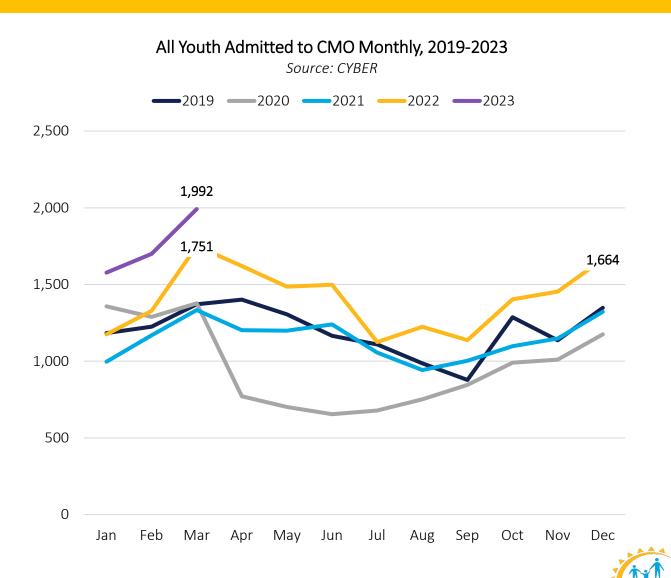
- 2. About 40% of dispatches are conducted via telehealth; not shown.
- 3. Essex, Camden, and Middlesex Service Areas accounted for over a quarter of the dispatches in 2022.

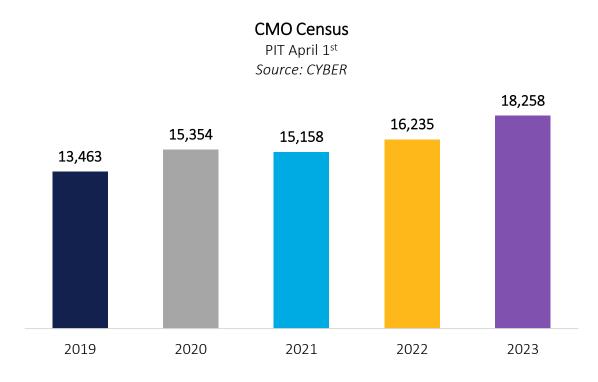
# In March 2023, the number of youth active during the month was higher than pre-pandemic volume.





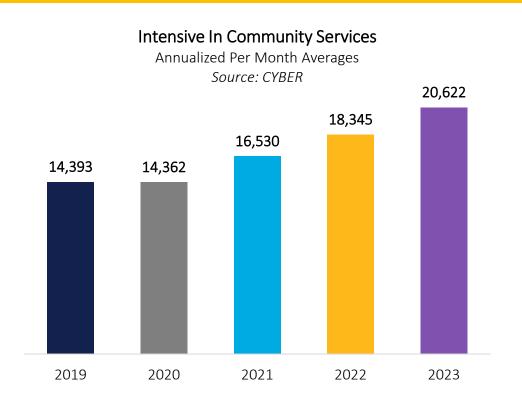
# CMO admissions have been on the rise in the last six months.





- 1. Admissions to CMO appeared to level set in the summer of 2022, but began to rise in September 2022.
- 2. Admissions in March 2023 were 12% higher than March 2022.
- 3. The PIT CMO Census was the highest ever on 4/1/23 (18,258).
- 4. The agencies covering Bergen (1,790) and Camden (1,772), and Essex (1,577) Counties had the highest number of youth active on 4/1/23, accounting for over one-quarter of CMO youth; not shown.

# The authorizations for IIC services has increased by 43% since 2019.



- 1. IIC authorizations reached an all time high in 2022 and are at the **highest ever** in 2023.
- 2. The total number of youth authorized for IIC during the month of March (21,384) was **21%** higher than January 2022.

