



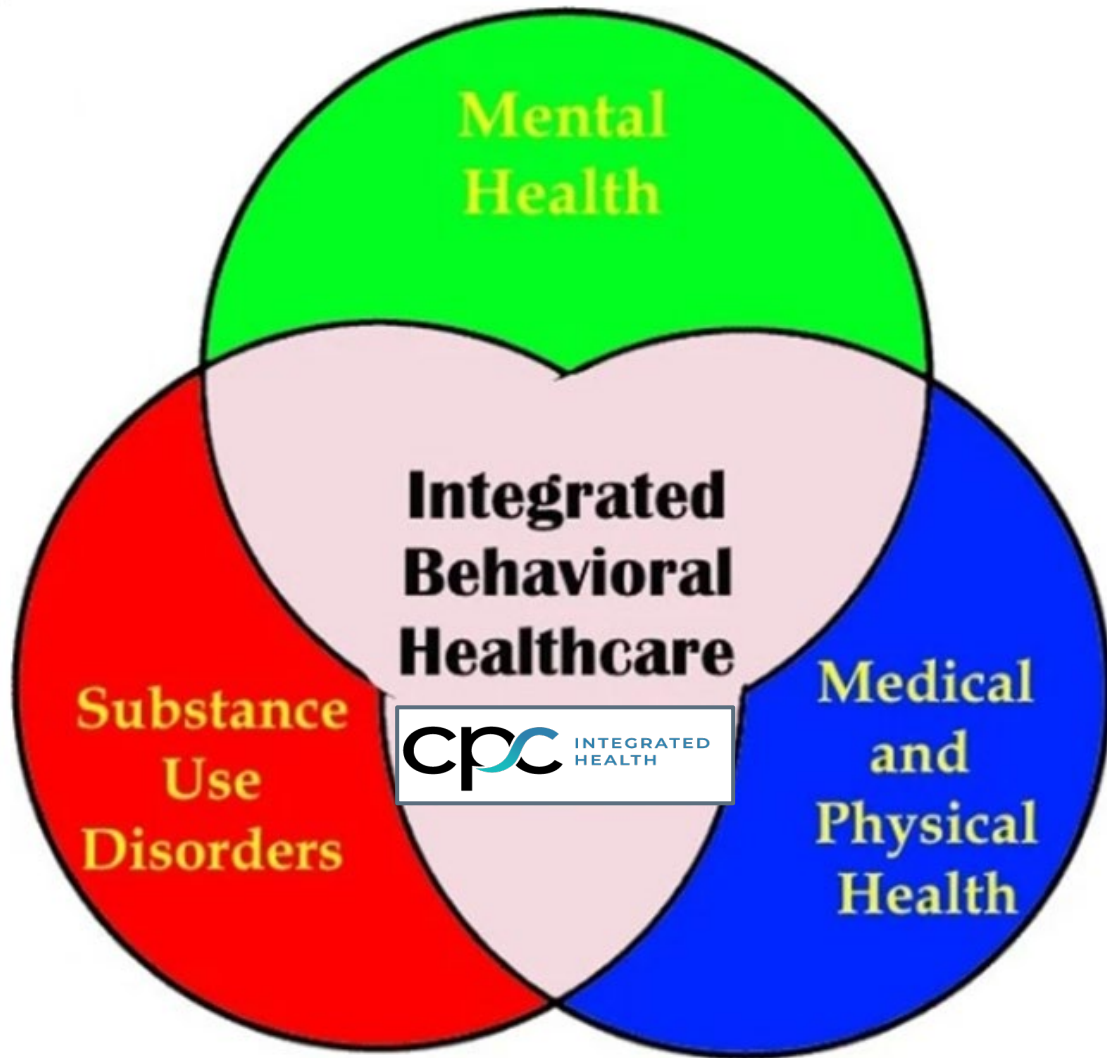
CCBHC Presentation 5/4/23

Introduction

- Founded in 1960, CPC is one of the region's leading providers of community based and person-centered behavioral health services and specialized education.
- CPC provides comprehensive, integrated mental health and addiction treatment and special education services to children, adults and families.
- CPC is licensed by the State of NJ and accredited by The Joint Commission (TJC).

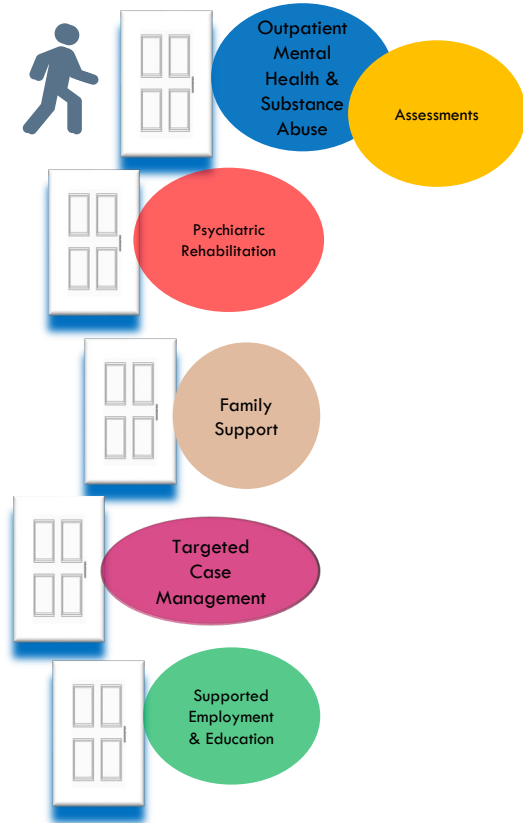
Introduction

- CPC is committed to providing comprehensive and integrated mental health, substance use and physical health services that are easily accessible and treat the whole person.
- To achieve this mission, in 2017 CPC became a Certified Community Behavioral Health Clinic (CCBHC), one of the first seven in New Jersey.

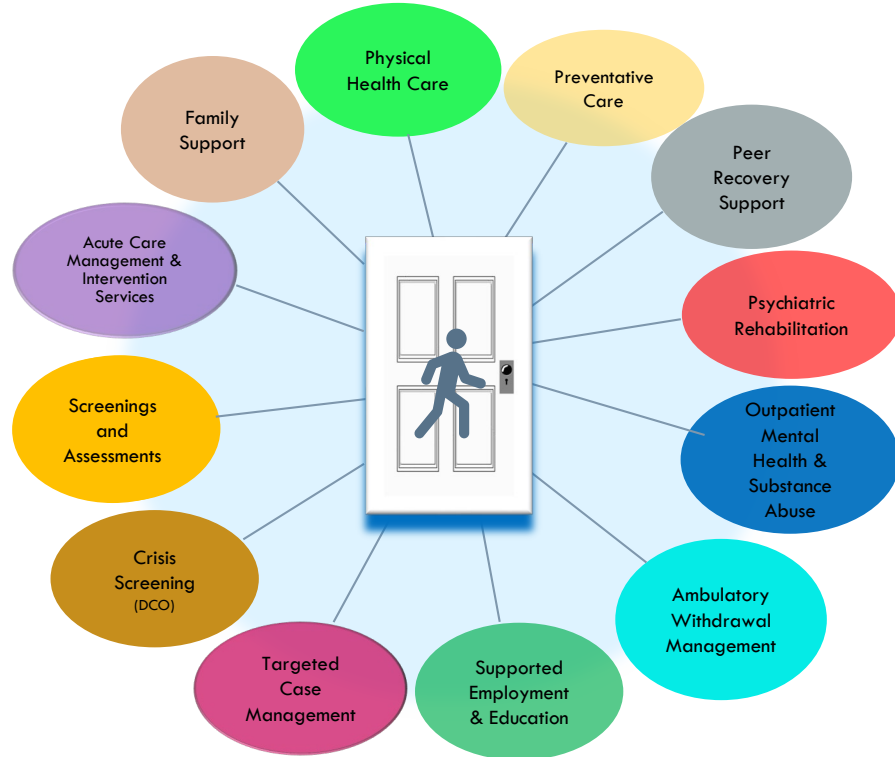


CPC Integrated Health Service Delivery System Pre and Post CCBHC Implementation

Pre-CCBHC



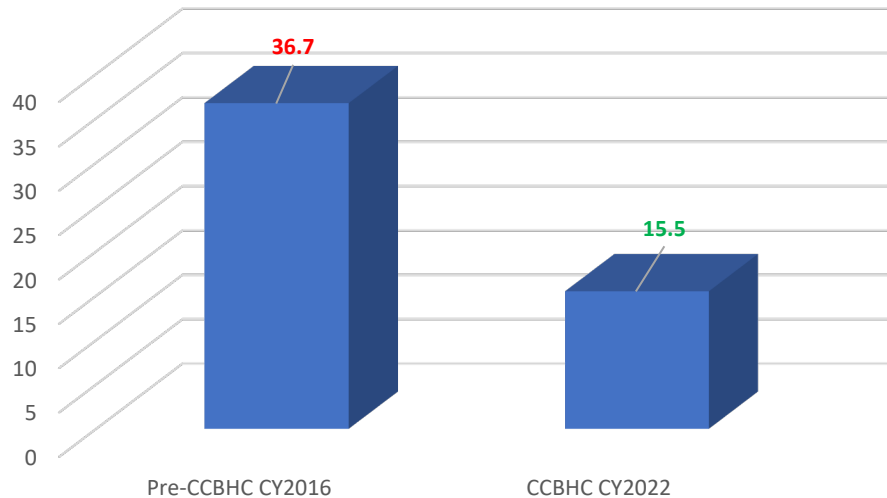
Post CCBHC



CCBHC Services

- In CY2022 6,866 individuals were served with CPC's CCBHC

Mean Number of Days Until Initial Evaluation for New Clients



CCBHC Services



Services for Children, Adolescents and Adults in the CCBHC include:

- Outpatient therapy for mental health and substance use disorders
- Psychiatric care for mental health and substance use disorders
- **Ambulatory withdrawal management**
- **24-hour crisis hotline and screening**
- Community outreach and care coordination
- Peer and family support services
- Screening and monitoring of physical health needs

CCBHC Services



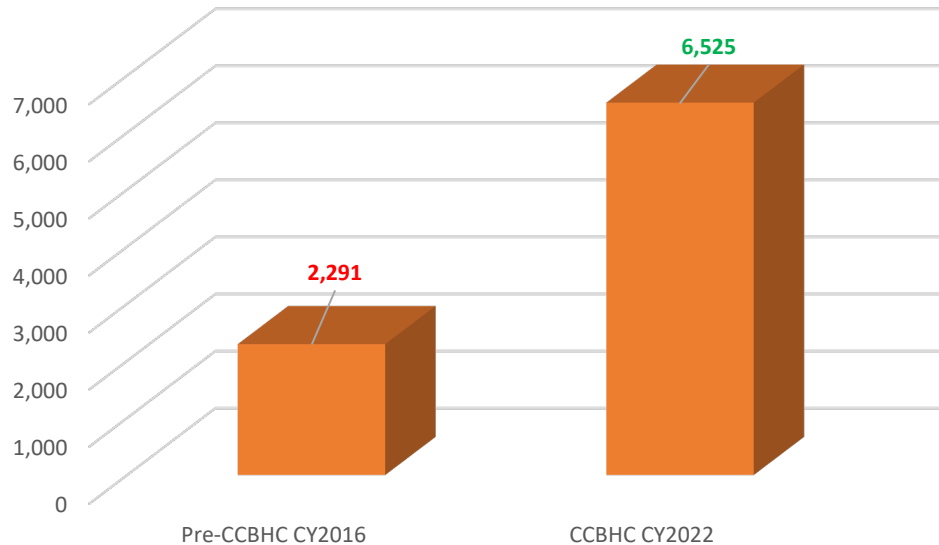
Assistance Accessing to the Social Determinants of Health through Care Coordination and Case Management

- **Primary & Specialty Healthcare**
- **Housing**
- **Employment**
- **Entitlements (SSI, SSDI, GA, SNAP, etc.)**
- **Food**
- **Transportation**

CCBHC Services

- Assistance Accessing to the Social Determinants of Health

of Distinct Clients Served via Care Coordination/CM



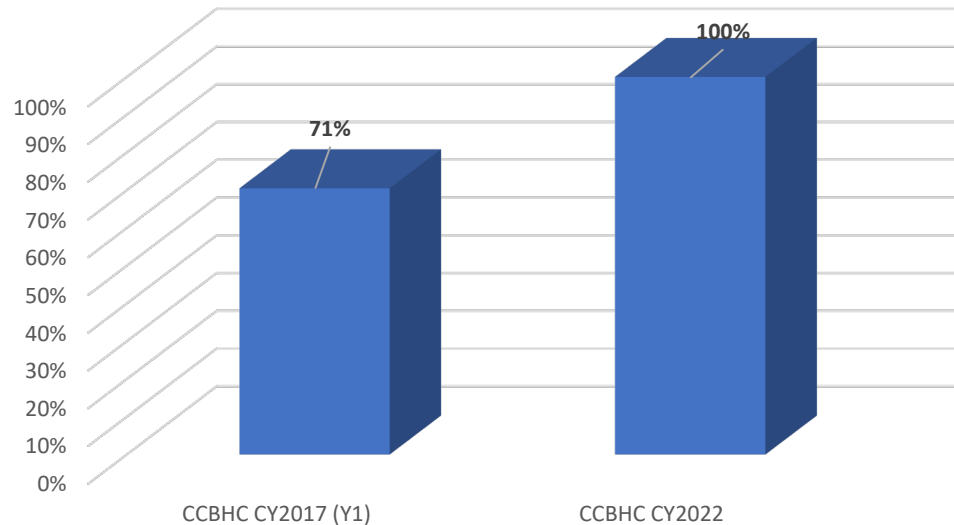
CCBHC Services



	CCBHC CY2017 (Y1)	CCBHC CY2022
% of clients (18+) screened for tobacco use 1 or more times within 24 months AND who received cessation counseling if identified as a tobacco user	71%	100%
% of clients (18+) who were screened at least once within the last 24 months for unhealthy alcohol use AND who received brief counseling if identified as an unhealthy alcohol user	97%	100%
% of clients (12+) screened for clinical depression on the date of the encounter, and if positive, a follow-up plan is documented on the date of the positive screen	53%	99%
% of client visits for those client aged 6 through 17 years with a diagnosis of major depressive disorder with an assessment for suicide risk	93%	99%
% of clients (18+) with a diagnosis of major depressive disorder with a suicide risk assessment completed during the visit in which a new diagnosis or recurrent episode was identified	93%	99.4%

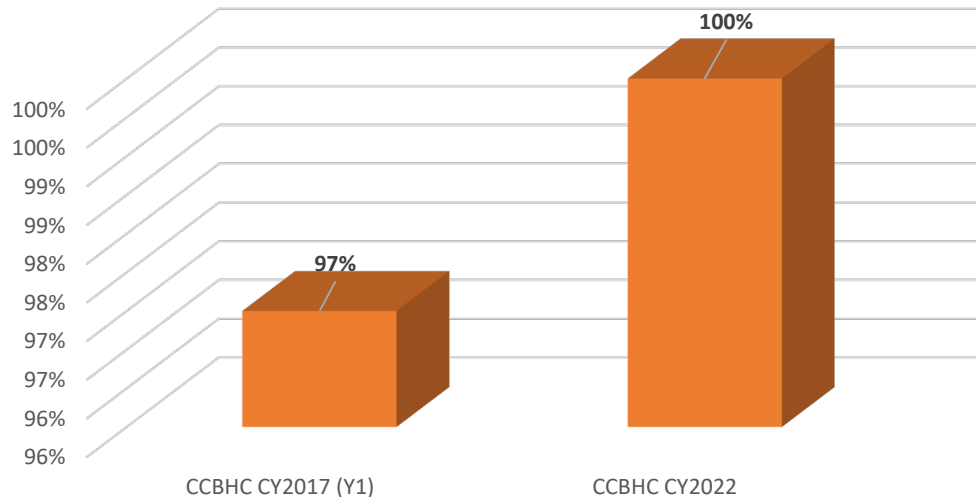
CCBHC Services

% of clients (18+) screened for tobacco use 1 or more times within 24 months AND who received cessation counseling if identified as a tobacco user



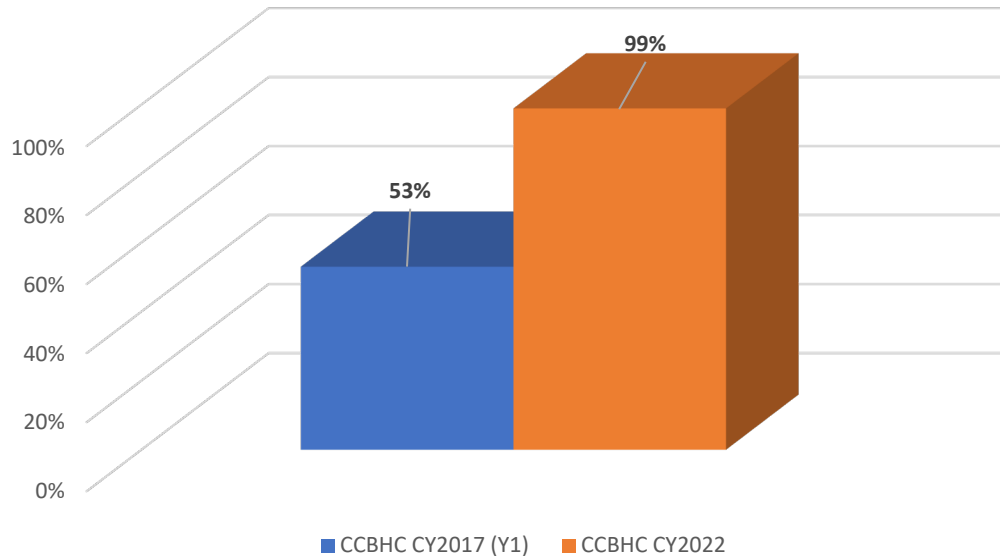
CCBHC Services

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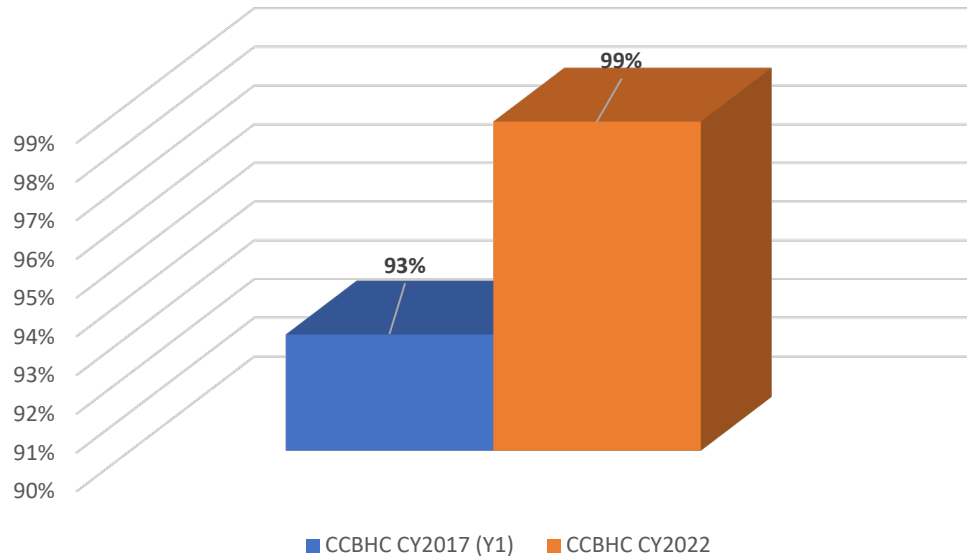
CCBHC Services

% of clients (12+) screened for clinical depression on the date of the encounter, and if positive, a follow up plan is documented on the date of the positive screen



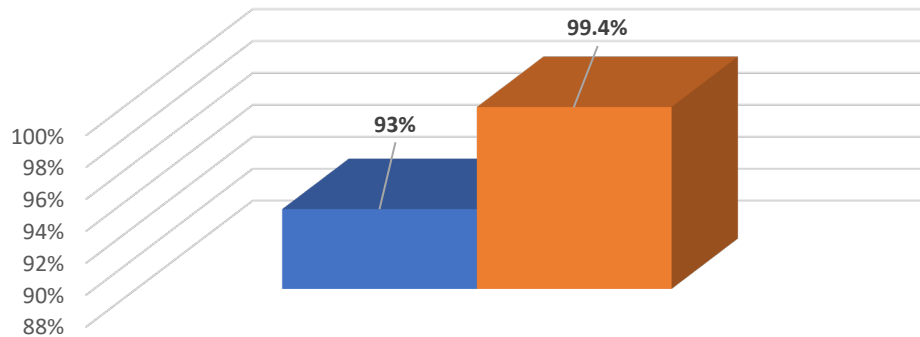
CCBHC Services

**% of client visits for those client aged 6 through 17 years
with a diagnosis of major depressive disorder with an
assessment for suicide risk**



CCBHC Services

Percentage of consumers aged 18 years and older with a diagnosis of major depressive disorder (MDD) with a suicide risk assessment completed during the visit in which a new diagnosis or recurrent episode was identified



Percentage of consumers aged 18 years and older with a diagnosis of major depressive disorder (MDD) with a suicide risk assessment completed during the visit in which a new diagnosis or recurrent episode was identified

■ CCBHC CY2017 (Y1) ■ CCBHC CY2022

Success Story



- Male in his 30s diagnosed with Major Depressive Disorder and Alcohol Use Disorder
- Client also has a history of brain surgery and seizure disorder
- During treatment client had relapsed on alcohol after five months of sobriety
- Client subsequently lost his sober living housing.
- After relapse, client had 2 seizures resulting in hospitalization and 10 stitches.
- CPC's Crisis team engaged with client in person and remotely on a continual basis during this time, assessing wellness and encouraging entry into detox.
- Client ultimately consented to and successfully completed detox.
- CPC staff assisted client with re-entry into sober living housing.
- Client re-engaged in services with CPC prescriber and therapist.



Thank You!

