



SECD Workshop Resource List

SECD Training Handouts: <https://njsbf.org/school-based-programs/violence-preventionanti-bias-trainings/character-education/>

Adult Books

- *Authentic Happiness* by Martin E. P. Seligman, Ph.D.
- *Culturally Responsive Teaching and the Brain* by Zaretta Hammond
- *Daring Greatly* by Brené Brown
- *Emotional Intelligence* by Daniel Goleman
- *The Fearless Organization* by Amy C. Edmondson
- *Grit* by Angela Duckworth
- *The Happiness Advantage* by Shawn Achor
- *Learned Optimism* by Martin E.P Seligman, Ph.D.
- *My Pocket Positivity* by Courtney E. Ackerman
- *The Resilience Factor* by Karen Reivich, Ph.D., Andrew Shatte, Ph.D.

Student Books

- *We Don't Eat Our Classmates* by Ryan Higgins (ages 4+)
- *Your Fantastic Elastic Brain* by JoAnn Deak, Ph.D. (ages 5+)
- *The Butter Book* by Dr. Seuss (ages 5+)
- *The Color of Us* by Karen Katz (ages 5+)
- *I Can Handle It!* by Laurie Wright (ages 5+)
- *Today I feel Silly & Other Moods That Make My Day* by Jamie Lee Curtis (ages 5+)
- *Bounce Back!* by Cheri J. Meiners (ages 5+)
- *The Dot* by Peter H. Reynolds (ages 5+)
- *When I Grow Up I Want to be Me* by Sandra Magsamen (ages 5+)
- *Just Breathe* by Mallika Chopra (ages 5+)
- *I Am Human: A Book of Empathy* by Susan Verde (ages 5+)
- *Dreamers* by Yuyi Morales (ages 5+)
- *The Wonky Donkey* by Craig Smith (ages 5+)
- *Where the Sidewalk Ends* by Shel Silverstein (ages 5+)
- *True You!* By Kristen B. Walton (ages 5+)
- *What Were You Thinking?* by Bryan Smith (ages 5+)
- *When Sophie Gets Angry – Really, Really Angry...* by Molly Bang (ages 5+)
- *Zilly: A Modern Day Fable* by Kelly Parks Snider (ages 5+)
- *Posted* by John David Anderson (ages 8+)
- *Refugee* by Alan Gratz (ages 11+)
- *The Hate U Give* by Angie Thomas (ages 13+)

Online Resources, Videos, and Articles

5 Keys to Successful Social and Emotional Learning: <https://youtu.be/DqNn9qWoO1M>

Brené Brown on Empathy: <https://www.youtube.com/watch?v=1Evwgu369Jw>

Brené Brown on Empathy (edited kid friendly version): <https://www.youtube.com/watch?v=HznVuCVQd10>

Culturally Repsonive SEL: A Coffee Chat with Zaretta Hammond:

<https://www.youtube.com/watch?v=3J0LFPgp0T8>

Culturally Responsive SEL - How to Get There:

<https://www.edweek.org/leadership/opinion-culturally-responsive-social-emotional-learning-how-to-get-there/2021/11>

Student and Teacher View of SEL - A National Report:

<https://www.edweek.org/research-center/research-center-reports/student-and-teacher-views-of-social-emotional-learning-results-of-a-national-survey>

How to Teach Older Students SEL Skills - Try Civics:

https://www.edweek.org/leadership/how-to-teach-older-students-social-emotional-skills-try-civics/2021/10?utm_source=nl&utm_medium=eml&utm_campaign=eu&M=64182614&U=2302030&UUID=11f332c609909a21912a89535f8346f7

Middle and High Schools Students Need SEL Too:

<https://www.edweek.org/leadership/middle-and-high-school-students-need-social-emotional-learning-too-are-they-getting-it/2021/10>

How School Leaders Can Respond to Pushback over SEL:

https://www.edweek.org/leadership/how-school-leaders-can-respond-to-pushback-over-social-emotional-learning/2022/04?utm_source=nl&utm_medium=eml&utm_campaign=eu&M=4073305&UUID=11f332c609909a21912a89535f8346f7

Parents Like SEL, but not the Name:

https://www.edweek.org/leadership/parents-like-social-emotional-learning-but-not-the-name/2021/08?utm_source=nl&utm_medium=eml&utm_campaign=eu&M=62934576&U=2302030&UUID=11f332c609909a21912a89535f8346f7

Principals Need SEL Support, Too:

<https://www.edweek.org/leadership/principals-need-social-emotional-support-too/2021/09>

Why Principals Must Focus on SEL and School Climate Right Now:

<https://www.edweek.org/leadership/why-principals-must-focus-on-sel-school-climate-right-now/2022/07>

Why Practicing Can Help with Emotional Regulation: https://www.youtube.com/watch?v=cpR9FtOR_9M

The Collaborative for Academic, Social, and Emotional Learning (CASEL): <https://casel.org/>

The Positivity Project: <https://posproject.org/>

TED Talk - Building a psychologically safe workplace - Amy Edmondson:

<https://www.youtube.com/watch?v=LhoLuui9gX8>

Edward Deci - Self-Determination Theory: <https://www.youtube.com/watch?v=m6fm1gt5YAM>

TED Talk - *Why Good Leaders Make You Feel Safe* - Simon Sinek:

https://www.ted.com/talks/simon_sinek_why_good_leaders_make_you_feel_safe#t-698780

The Power of Vulnerability: https://www.ted.com/talks/brene_brown_on_vulnerability?language=en

Create Safety by Modeling Vulnerability: <https://www.learningforjustice.org/magazine/create-safety-by-modeling-vulnerability>

Good Teaching as Vulnerable Teaching: <https://www.facultyfocus.com/articles/teaching-and-learning/good-teaching-vulnerable-teaching/>

Maurice Elias - Leader in SEL, Director of Rutgers SECD Lab, and Co-Director of Rutgers Collaborative Center for Community Based Research and Service: <https://www.edutopia.org/profile/maurice-j-elias>

Integrating Social, Emotional, and Academic Development (SEAD): An Action Guide for School Leadership Teams: The Aspen Institute

<https://www.aspeninstitute.org/publications/integrating-social-emotional-and-academic-development-sead-an-action-guide-for-school-leadership-teams/>

SEL4NJ – Social Emotional Learning Alliance for NJ <https://sel4nj.org>

Edutopia Website – Social Emotional Learning <https://www.edutopia.org/social-emotional-learning>