Trauma Sensitive Schools
Planning Worksheet

1. What is your motivation to make your school more “trauma-sensitive”? What urgency do you have?

2. What attributes and strengths does your school already have in this area*? (Consider the following: Are people ready and willing? What programs/services are already in place? How is your school already a safe and supportive place? Etc.)*

3. Where do you see need and gaps in this area? *(Consider the following: Are people resistant? Do you lack funding and/or capacity to implement new ideas? Etc.)*

4. What two ideas from the presentation do you want to implement? Write down as many thoughts that come to mind including the **who/what/where/when/how**
    a. Idea 1

    b. Idea 2

5. What barriers might you encounter and what will you do to prevent or mitigate these barriers?

6. Who are your allies? Who will help you?

7. How can students help to implement your ideas?

8. What else do you need to know?