



ELEMENTARY SCHOOL
LESSON HANDOUT

Today I Feel

Look over the following words. Are there words you don't know?

Color the box next to the word with the color that you think describes the feeling.

Silly

Confused

Bored

Grumpy

Quiet

Happy

Mean

Jealous

Discouraged

Angry

Sad

Frustrated

Hurt

Excited

Glad

Joyful

Cranky

Scared

Proud

Lonely

Love