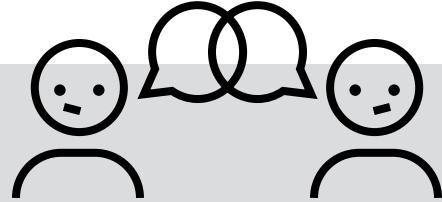




LESSON HANDOUT

One-to-One Practice Scenarios

Directions: As partners, read the following scenarios and practice solving the conflicts using the One-to-One Strategy. Take turns being the initiator and the responder.



1

You are having a quiet weeknight at home. You notice on social media that your friends are posting pictures of themselves at Dunkin' Donuts, laughing and having fun. It makes you feel really sad that you were not invited to join them. You do not believe you are in a fight with any of them so you wonder why they did not invite you. You decide that instead of blowing it up into a big fight, you will approach your closest friend in the group using the One-to-One Strategy.

2

You and a friend agree to meet after school in front of the auditorium to walk home together. When the bell rings at 2:45 p.m., you go to your locker to collect your belongings. You rush to meet your friend because you do not want to keep them waiting. When you get to the auditorium, your friend is not there. You wait and wait. You repeatedly text and call your friend, but they do not respond. Finally, at 3:30 p.m., you leave feeling furious and walk home alone. Using the One-to-One Strategy, how will you address the situation?

3

There is a huge concert coming to your area. Your friend bought five tickets and invited you to go. It is one of your favorite bands. When you ask your parent for permission, they tell you they do not want you to go because you are too young to go unsupervised to a concert. All your other friends' parents have allowed them to go. You will be the only one not going. You and your parent get into a screaming match. The next day, you decide that if there is any hope of you going at all, you will need to be mature and talk it out with your parent. You decide to try the One-to-One Strategy.

4

Your social studies class has been assigned a group project on African American soldiers during the Civil War. As a group, you decide on your thesis and divide up the work equally among the four members of the group. One of the members, Carmen, is not doing her share of the work. The other members of the group are getting upset, and they have asked you to address the situation. Using the One-to-One Strategy, approach Carmen to solve the problem.