

One-to-One Practice Scenarios

Directions: As partners, read the following scenarios and practice solving the conflicts using the One-to-One Strategy. Using the four steps, take turns being the initiator (person 1) and the responder (person 2).





Someone took a pencil off your desk without asking. You have to solve this without telling a teacher. You decide to try the One-to-One Strategy.



Someone hit you with a ball on the playground at recess. There is no teacher or aide in sight, and you have to solve the problem yourself. You decide to try the One-to-One Strategy.



You see some people playing kickball after school. You go over to ask if you can play. They tell you that they already have enough players, but you see they need more. You feel angry that they are excluding you. You decide to try the One-to-One Strategy with a person you know who is playing.



Your friend keeps telling you what to do in art class. You already know what to do, and she is bothering you. Use the One-to-One Strategy to avoid getting into an argument.