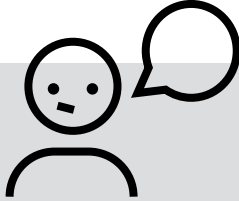




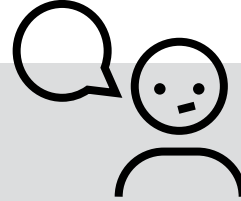
LESSON HANDOUT

One-to-One Strategy



THE INITIATOR

The person who starts the conversation to solve the conflict.



THE RESPONDER

The person who agrees that a conversation needs to happen to solve the conflict.

Below are instructions on how to have a positive conversation to solve a conflict between two people.

→ INITIATOR GOES FIRST

→ RESPONDER LISTENS

1 Can we talk?

2 I am upset because _____

3 I feel _____

because _____

4 I would like _____

→ RESPONDER GOES SECOND

→ INITIATOR LISTENS

1 I am upset because _____

2 I feel _____

because _____

4 I would like _____



WORK IT OUT

How can you both get what you want?